





LIFECHOICES HEALTH CHETWORK

1989-2019









YOU ARE THE LIGHT OF THE WORLD -

LIKE A CITY ON A HILLTOP
THAT CANNOT BE
HIDDEN... LET YOUR LIGHT
SHINE BEFORE OTHERS!"

- MATTHEW 5:14-16

mission and core values

Empowering Individuals to Make Healthy Life Choices through Education and Medical Services.

WE BELIEVE MEN AND WOMEN SHOULD BE EMPOWERED TO MAKE INFORMED DECISIONS
ABOUT THEIR PREGNANCY AND THEIR SEXUAL HEALTH.

WE BELIEVE THERE IS A DIVINE PURPOSE FOR EVERY CHILD THAT IS CONCEIVED AND THAT EVERY PERSON HAS INHERENT DIGNITY AND WORTH, WHETHER THAT IS A BABY IN THE WOMB OR A SURVIVOR OF SEXUAL EXPLOITATION.

WE BELIEVE OUR CLIENTS ARE STRONG AND CAPABLE OF MAKING THEIR OWN CHOICES AND THAT WE ARE NOT HERE TO JUDGE THEIR DECISIONS.

WE BELIEVE INDIVIDUALS FACING A SEXUAL HEALTH CRISIS SHOULD HAVE ACCESS TO AFFORDABLE, COMPREHENSIVE, CONFIDENTIAL, AND COMPASSIONATE SEXUAL HEALTH SERVICES.

WE BELIEVE AN INDIVIDUAL FACING AN UNWANTED PREGNANCY SHOULD HAVE A SAFE PLACE
THAT WILL NOT PROFIT FROM THE CHOICES MADE.

WE BELIEVE YOUTH ARE CAPABLE OF MAKING HEALTHY CHOICES AND THAT THROUGH EDUCATION WE CAN HELP THEM AVOID SEXUAL HEALTH CRISES.

organization overview





EDUCATION

PROJECT ID

A 5-Day Program for 5th and 6th graders focused on critical-thinking skills.

COMPASS

A 10-Day Sexual Health and Relationship Program for 7th, 8th and 9th graders.

COMMUNITY EVENTS

Specialized programs and presentations about healthy relationships, cyber-safety, and other topics relevant to teenagers.



MEDICAL

SERVICES

2 Medical Clinics (Joplin & Carthage) and a Mobile Unit,providing:

- + Pregnancy Testing
- + Limited OB Ultrasounds
- + STD Screening & Treatment
- + Pregnancy Option Information
- + Physician Consultations
- + Fatherhood Advocacy
- + Domestic Trafficking Services



COMMUNITY

OUTREACH

Classes Offered:

- + Prenatal Classes
- + Parenting Classes
- + Fatherhood Classes
- + Post Abortion Recovery

CASE MGMT.

Connecting clients to community resources.

93% of students respond positively to LifeChoices programming.

of students state that they are willing to wait to have sex

after receiving our program.

Compass



In response to the ongoing sexual health crises facing teenagers today, LifeChoices dedicates substantial resources to the education and empowerment of students in 16 area school districts. While teen pregnancy is on the decline across our nation, at LifeChoices we know that an unplanned pregnancy is only a small part of the problem in regards to teen sexual activity. Sexually transmitted infections, online exploitation, and other risky behaviors connected to adolescent sexual activity continue to rise.

For over 22 years, the prevention department at LifeChoices has provided medically-accurate and ageappropriate **education to more than**236,000 students! Currently, because of your support, we are able to provide 3 special and unique programs to 10,000 students each year.

THIS WAS REALLY WORTH THE TIME. **DEFINITELY MAKES YOU WANT TO MAKE WISER** CHOICES, **EVEN IF IT WASN'T ABOUT SEX, BUT JUST IN GENERAL.**"

- STUDENT

THE STAFF AND THEIR ROLE IN MY LIFE MAKE ME WANT A BETTER FUTURE FOR MYSELF."

- CHOICES CLIENT

Recent studies show that nearly half of all pregnancies in the United States are unplanned, and 42% of those pregnancies end in abortion. In fact, 1 in 4 women will have an abortion by age 45. In addition to this, sexually transmitted infections are at a record high in the US.

The Choices Medical Services clinics in Joplin and Carthage understand the physical and emotional damage caused by the sexual health crises facing our young people. Our clinics provide holistic and essential health services to nearly 4,000 individuals each year through:

- + Early pregnancy detection
- + Pregnancy options information
- + Limited obstetrical ultrasounds
- + Prenatal consultations
- + STD testing and treatment
- + Paps and pelvic exams

Over the last 30 years, you have helped make our dreams a reality!

106,546

services offered

11,483

abortion-vulnerable women served

16,936

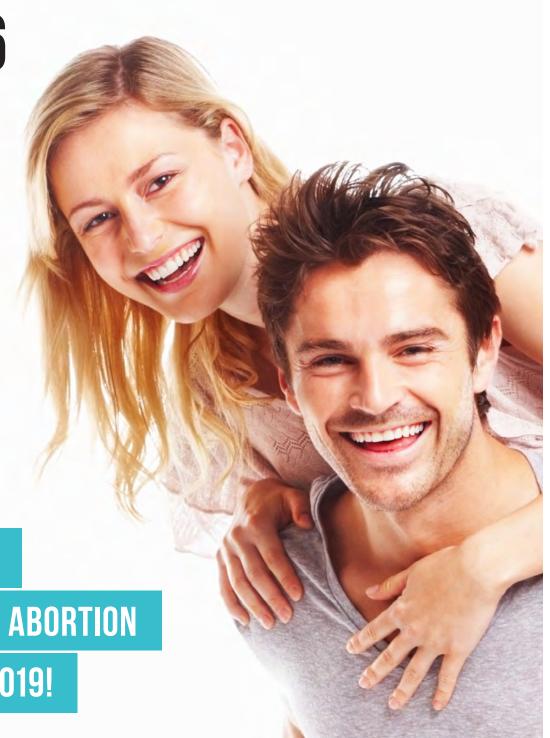
ultrasounds provided

36,479

96% OF WOMEN

VULNERABLE TO ABORTION

CHOSE LIFE IN 2019!



outreach services

LifeChoices believes in holistic care – assisting individuals in crises with physical, emotional, and spiritual support. Our services don't simply end after a patient leaves their appointment, chooses to parent, or has their baby. Instead, we strive to offer hope and support to parents through every stage of their journey. Our outreach services department walks alongside clients with:

- + Diversion Court Student Education
- + Crib-Side Assistance: New Dad Classes
- + Prenatal Parenting Classes
- + Case Management Services

THIS CLASS
WAS VERY
INFORMATIVE
AND I FEEL A
LOT BETTER
ABOUT
HAVING A
BABY NOW."

- CHOICES CLIENT

100+
individuals access these services each year.

sexual exploitation services

IN THE LAST 3 YEARS,

WE HAVE SEEN A

344% INCREASE

IN CLIENTS SERVED

BY OUR MOBILE

MEDICAL TEAM

It has been reported that 71% of trafficking victims have had an unplanned pregnancy, and 55% have had an abortion. We also know that 67% of victims have been diagnosed with a sexually transmitted infection. The ordinary excellence of LifeChoices' expansive services has propelled us to extraordinary places in the service of survivors of sexual exploitation.

In the last three years, our team has been honored to provide medical care and

ongoing services to **over 115 survivors of sexual exploitation,** and we know
this is only the beginning. Thank you
for your support of this incredible Godsized dream to serve the forgotten
women in our communities.

- * Assistance to local, state, and federal law-enforcement agencies
- + Outreach to adult dance clubs
- + Mobile medical unit deployments to hotels, casinos, and illegal massage businesses across Missouri

LifeChoices receives no government funding, making each and every one of our community partners so special to us. You are crucial in ensuring that our services are possible, and we are deeply grateful for your generosity.

CIISC CIISC We strive to make the most of every dollar that is donated. Careful stewardship results in only 14% of our total income being spent on overhead expenses - 86% of your gifts go directly to the individuals we serve!

10% BUSINESSES 15% CHURCHES

18% foundations

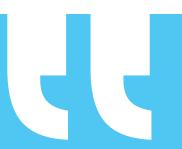
57% INDIVIDUALS

70/0 FUNDRAISING

7% ADMIN

86%
PROGRAM
SERVICES





ARISE, SHINE, FOR YOUR LIGHT HAS COME, AND THE GLORY OF THE LORD RISES UPON YOU."

- ISAIAH 60:1

Alexi Panos stated, "When we are brave enough to look at our darkness, we become courageous enough to shine out light."

LifeChoices stands as a solid **lighthouse of hope** in a world that is saturated with false promises of happiness.

For 30 years, because of your support, we have been constantly adapting a **message of life** to the newest generations. With relevancy we are able to engage the youth of today with hope for the future. We choose to lead with grace but empower with truth.

Engage. Educate. Empower.

For three decades LifeChoices has provided a safe space where those caught in the challenging chaos of sexual crises can find sanctuary. But we cannot do this without you. Would you join us in making a difference for the next generations – for the next 30 years?



LIFECHOICES HEALTH THE NETWORK

LifeChoices Health Network Empowers Individuals to make Healthy Life Choices through Education and Medical Services.





